

1989 Region 5A Girls Championship at Sartell on Saturday, June 3rd

Teams: Holdingford 58, Sartell 50, Watertown-Mayer 48, Foley 41, New London-Spicer 39, Waconia 29, Atwater-Grove City-Cosmos 26, Grey Eagle-Swanville 23, Crosby-Ironton 22, St Cloud Cathedral 21, Annandale 21, Royalton 18, Litchfield 13, Albany 11, Mora 10, Rockford 9, Delano 9, Breck 8, St Michael-Albertville 7, Pierz 7, Milaca 6, St John's Prep 6, Minneapolis Lutheran 4, Paynesville 4, DeLaSalle 4, Becker-Big Lake 3, Sauk Rapids 1, Ogilvie 1, Aitkin 1.

100

- 1 Kara Bateson, Annan 12.44
- 2 Beth Parish, Breck 12.49
- 3 Melissa Schutt, W-M 12.65
- 4 Tina Gondeck, Foley
- 5 Collette Ness, Litch 13.09

200

- 1 Holly Frie, Hold 26.10
- 2 Melissa Schutt, W-M 26.55
- 3 Misty Hoag, A-GC-C 26.78
- 4 Amy Petron, Foley

400

- 1 Misty Hoag, A-GC-C 60.10
- 2 Andrea Thomas, Rockf 61.68
- 3
- 4
- 5 Collette Ness, Litch 62.2
- 6 Cathy Otto, Foley

800

- 1 Julene Jarnot, Sar 2:24.07
- 2 Jennifer McLaughlin, Foley 2:24.82
- 3
- 4
- 5
- 6 Paula Schmitz, NLS 2:31.0

1600

- 1 Denise Bitz, GE-S 5:20.53
- 2 Jill Peterman, NL-S 5:21.90
- 3
- 4
- 5 Samie Reck-Peterson, Litch 5:36

3200

- 1 Missy Peterson, Sar 11:49.06
- 2 Jill Peterman, NL-S 11:54.05
- 3
- 4 Samie Reck-Peterson, Litch 12:09

100 Hurdles (33")

- 1 Tracy Johnson, Waconia 15.36
- 2 Carey Erpelding, SCC 15.95
- 3
- 4 Heid Whitcombe, Payne 16.64
- 5 Merith Ernst, Foley

300 Hurdles (30")

- 1 Tracy Johnson, Waconia 46.82
- 2 Stef Pierskalla, Hold 47.85
- 3 Rochelle Schreiner, NL-S 48.60
- 4
- 5 Becky Klukas, A-GC-C 49.23

4x100 Relay

- 1 Watertown-Mayer 51.46 (K Schmidt, R Schuler, M Schutt, M Wickstrom)
- 2
- 3 Foley
- 4
- 5
- 6 Becker-Big Lake

4x200 Relay

- 1 Sartell 1:48.83 (C Johnson, K Camp, S Konyot, J Sobieck)
- 2 Atwater-Grove City-C 1:49.22
- 3 Watertown-Mayer 1:49.53
- 4
- 5
- 6 Becker-Big Lake

4x400 Relay

- 1 Holdingford 4:08.05 (S Pierskalla, J Olson, W Wohletz, H Frie)
- 2
- 3
- 4 Foley
- 5 Waconia

4x800 Relay

- 1 Holdingford 9:38.89 ** (J Olson, S Pierskalla, C Symanietz, W Wohletz)
- 2 New London-Spicer 10:02.4
- 3 Foley

Shot Put

- 1 Lea Yost, Roy 38-2.25
- 2 Mary Wickstrom, W-M 37-3
- 3 Joy Illies, NL-S 35-1.25

Discus Throw

- 1 Mary Wickstrom, W-M 137-4
- 2 Lea Yost, Roy 110-2
- 3
- 4 Jenny Ehresman, NL-S

Long Jump

- 1 Holly Frie, Hold 17-2.25
- 2 Kara Bateson, Annan 17-0.5
- 3 Amy Petron, Foley 17-0.25
- 4 Collette Ness, Litch 16-10.25

High Jump

- 1 Karen Felger, Mora 5-2
- t2 Kristi Kutter, GE-S 5-1 (won jump-off)
- t2 Beth Mendiola, Waconia

* Ties Meet Record

** New Meet Record

Notes: